

In an earlier posting Patty Pizzitola introduced us to Gunilla Norris' book *Becoming Bread: Meditations on Loving and Transformation* with a reflection for the Lenten season. In this meditation from Ms. Norris, entitled "On the Counter Again," we have another image from bread making to bring to our post-Easter prayer.

.
Sent by Patty Pizzitola
Corpus Christi Church
Houston, TX

Taken out, exposed and cold on the counter, you are being kneaded.

The air pounded out of you, you are turned inside out. Rolled over in waves. Everything made visible on the counter.

I will not leave you now. I will not hurt you or give advice. I will not rescue you. I will not stop this.

It is your true chance. Upside down you may take shape. You may become more of yourself, resilient. Let this happen. Here on the counter pounded, turned on end. You will become less and somehow more of yourself.

I hold your hand and do nothing. Soon it may happen.
You will be kneaded into shape, smooth, able to go on again.

We are together here on the counter and alone. You will know me as yourself.